

WEST KOOTENAY MINOR LACROSSE ASSOCIATION

COVID-19 SAFETY PLAN

VIA SPORT RETURN TO SPORT RESTART 2.0 STEP 2

JUNE 18, 2021

(REVISION 3 – ADDENDUM TO REVISION 2)

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INTRODUCTION

The West Kootenay Minor Lacrosse Association (WKMLA) COVID-19 Safety Revision 2 was developed using the guidance available in March 2021. On June 15 2021, the guidance for indoor sports was updated as follows:

- Competition and games allowed for youth and adults.
- Physical distancing not required on field of play.
- Off field of play physical distancing must be maintained.
- Maximum Group Size is expected to be up to 50 people, following local safety protocols.
- Masks Mandate is still in effect for all indoor public facilities.
- No spectators at any indoor activities.

The complete guidance from BC Lacrosse is available in the [BC Lacrosse Restart 2.0 Step 2](#) document.

The West Kootenay Minor Lacrosse Association (WKMLA) has amended its safety plan to reflect the amended guidance as follows. All other aspects of the WKMLA Safety Plan Revision 2 issued in March 22, 2021 remain in effect.

1. GENERAL

- All activities must always comply with all general measures, recommendations and any gathering restrictions and as outlined by the Provincial Health Authorities and health restrictions and guidelines in the local cities/municipalities.
- Guidelines are communicated to participants, coaches, team managers, trainers and other persons involved in an official capacity in advance of the activity.
- **Physical distance is not required on field of play (i.e., contact is allowed).**
 - Field of Play definition: a designated area where sport activities take place. The field of play does not include dressing rooms, hallways, staging areas, etc. Lacrosse field of play includes the floor, player bench areas and sidelines.
- Adhere to all mask mandate measures (masks required indoors off the field of play).
 - Off field of play, including while waiting outside the facility entrance, physical distance of 2 meters must be maintained and masks are required.
- **Maximum Group Size is 50 unless the RDCK maximum group size is less.**
 - Maximum group size may be limited by the capacity of the socially distanced dressing area (RDCK to confirm).
- All participants are currently registered with the BCLA.
 - **Participants in one session may include players from more than one division of WKMLA and/or West Kootenay Timberwolves.**
- Communicate and promote good hand hygiene (washing & sanitizing).
- Participants complete a team self-assessment tool/health check tool prior to each activity.
- Participants stay home if not well or if notified by contact tracers regarding contact with a known case of COVID-19.
- Participants arrive at the facility wearing required protective equipment.

- Participants arrive at the facility at a designated time prior to the activity (currently 15 min at Castlegar Complex).
- Participants keep gear bags and additional gear in a vehicle with minimal gear in facility's designated staging area (clean shoes, helmet, sticks, etc).
- Participants must have their own clearly marked water bottle. No sharing water bottles.
- Participants must wear their own required protective equipment as per the Lacrosse Canada rulebook. No sharing equipment.
- Maintain the Rule of Two at all times (i.e., no minor will be left alone with a single adult)

2. COMPLEX ENTRANCE/EXIT PROTOCOLS

No change from WKMLA Safety Plan Revision 2 (March 22, 2021).

If WKMLA is combining two divisions for practice, players will exit the Complex at the end of the designated practice time and re-enter at the start of the next practice time. This is to allow for an accurate participant count by the WKMLA door Attendant.

3. DRESSING AREA CLEANING PROTOCOLS

If WKMLA is combining two divisions for practice, players staying on for the second practice will leave their stick and other personal effect on their chair in the dressing area.

While players are outside for participant count, a WKMLA volunteer will clean all empty chairs in preparation for the next group. Upon re-entry, returning players will return to their chairs and new players will use a clean chair.

4. STEP 2 FOR INDOOR LACROSSE

All indoor group team sports for youth and adults are allowed. This includes: games, competitions, and practices.

- Association/club inter-club games/competitions can occur with other associations/clubs.
- Association/club in-house games/competitions can continue within associations/clubs.
- The careful introduction of contact in lacrosse is permitted indoors with current sport activities guidelines.
- Physical distance is not required on field of play (i.e., contact is allowed).
- Off field of play, physical distance of 2 meters must be maintained.
- Do not engage in handshaking, high fives, hugging or similar behavior between participants and staff.
- Maximum Participant Group Size (unless stated by the city/municipality/facility):
 - INDOOR: for youth and adult Lacrosse participants is up to 50 people (no spectators). The 50-person count includes participants, coaches, team managers, trainers and other persons involved in an official capacity.
- Spectators are NOT allowed at any indoor sport activities.